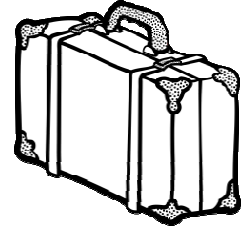




# Vanuatu Mission Trip 2016

## Packing List



### General

- Passport (copy to school and one copy hidden in luggage)
- Travel insurance (school keeps a copy of policy) Mrs Barr has a card with all policies under the one number
- Ticket (will be distributed at airport)
- Bible
- Torch
- Camera
- Pen
- Devotional booklet (Mrs Barr to give out at airport)
- Backpack (to be your carry-on luggage 7kg, and your day pack in Vanuatu)
- Watch - really necessary when having free time or splitting in groups at schools and in town

### Clothing

- Comfortable clothes and shoes to walk around Port Vila (no short shorts and shoe string tops etc)
- Shorts/cargo pants
- Belt
- Skirts (below knee)
- Tops (light colours for heat and mosquitoes are best) long and short sleeve
- An outfit for Church, not super formal but smart casual
- Cheap canvas shoes/reef shoes to wear in water with coral
- Sandals/thongs
- Enclosed shoes for villages
- Underwear
- Sleepwear
- Socks
- Hat
- Rash-vest or old t-shirt
- Clothes washing soap, pegs in zip lock bag
- Sunglasses
- Swimmers (one piece for girls) and board shorts (not short)
- Sloppy joe/hoodie/jumper
- 2 disposable rain coats
- 2 large orange garbage bags
- Team shirts (wear one to the airport with your choice of bottoms)
- 1-2 Beach towels

### Toiletries

Your usual and:

- Anti-bacterial hand wash gel (eg Aqium)
- Hair Brush
- Nail kit (pack in suitcase)
- Small Packets of tissues
- Sunscreen
- Insect repellent (with DEET)
- Shampoo/conditioner
- Aloe Vera gel

## **Food / Drink**

- Comfort food items ie. small stash of your favourite snacks
- Muesli bars, other items you can supplement meals with if you are a fussy eater
- All must be in their original packets for customs
- Zip lock bags to take food in back packs (various sizes)

## **Medical**

- Mr Williams is our first aid officer for the trip. Please advise him of ANY medication you take. He needs to keep a register while away and will be discreet.
- Basic first aid kit (Mr Williams to distribute 1 between 2) to keep in backpack
- Stingoes spray
- Antihistamines if you need them in Australia in original prescription box (notify Mr Williams)
- Single use ice pack (1 between 2)
- Panadol or generic pain relief
- Tube of Hydrolyte tablets
- Ventolin if you need it (again must have prescription in original box with details on and MUST notify Mr. Williams)
- EpiPen if you need one (fine in hand luggage) put yellow ribbon on backpack. Mr Williams will take school spare

## **Packing and Additional Preparation**

- You **MUST** keep some space in your luggage for team gear and gift items for the people in Vanuatu. Your luggage can be 23kg and we have secured an additional 7kg each to take these items. These will be distributed between students and include things like: craft items, face paints, tattoos, the parachute, the koala and kangaroo suits, cricket sets, soccer balls, school supplies, Australiana items to give away.
- Please pick up any Aussie souvenirs you find at a good price to give away (pencils, clip on koalas, flags, etc.)
- We make bracelets over there using black, red, white, green and yellow to share the Gospel with children. Please purchase balls of wool if you find them cheap and send them in ASAP.
- **No liquid items in carry-on luggage can be more than 100ml. Anything larger will be confiscated as will sharps. This includes deodorant, water bottles, perfume, creams etc.**