

# Southern Highlands Christian School

## Term 1 Canteen Menu 2019



### Two simple ways to place a lunch order

#### Option 1: Online Ordering

- ❖ Go to [www.quickcliq.com.au](http://www.quickcliq.com.au) and register
- ❖ Check your confirmation email to ensure order has processed
- ❖ **NB: If you do not confirm the order we will not receive it.**
- ❖ Online ordering closes at **8:55am** each canteen day

**Reminder:** Please update your child's class details for 2019

#### Option 2: Lunch Bag Ordering

- ❖ Clearly write order, child's name & class on paper lunch bag.
- ❖ One bag per child. Paper lunch bags are 10c. Reusable lunch bags are for sale in the Uniform Shop.
- ❖ Enclose close to exact money. Change will be taped to lunch bag.
- ❖ Place order in mail chute at canteen by **8:45am**
- ❖ Unavailable items will be substituted or money will be refunded.
- ❖ **NB:** Children with late orders will receive a sandwich with spread, any change will be returned

## Sandwiches

Vegemite	\$1.50
Honey	\$1.50
Cheese	\$2.00
Egg, Lettuce & Mayo	\$3.00
Ham, Chicken or Tuna	\$3.50
Salad	\$3.50

### Extra: add 30c

Tomato  
Carrot  
Cucumber  
Lettuce  
Beetroot

### Extra: add 50c

Cheese  
Avocado  
Wholemeal Roll  
Wholemeal Wrap  
Toasting

### Extra: add \$1:00

Full Salad: Tomato, lettuce,  
cucumber, carrot, beetroot

## Wraps

Chicken Mini: Chicken breast, lettuce & mayo	\$2.50
Chicken Aioli: Chicken breast, lettuce, carrot, tomato, cucumber	\$4.50
Sweet Chilli Chicken: Chicken breast, lettuce, carrot, capsicum	\$4.50

## Salads

### Salad Box:

Lettuce, tomato, carrot, beetroot, capsicum, avocado, cheese \$5.00

### Chicken Salad Box:

Chicken breast, lettuce, tomato, carrot, beetroot, capsicum, avocado, cheese \$6.00

Salad Box comes with choice of dressing:- Mayo, Balsamic or French

## Hot Food

Mini Meat Pie	\$0.80
Sausage Roll	\$3.50
Beef Pie	\$3.50
Spinach and Ricotta Roll	\$3.50
Sauce: Tomato or BBQ	\$0.30

## Wednesday Specials

Ham & Pineapple Pizza Slice	\$1.20
Chicken Tender	\$1.00
Guacamole Crunch Kit (Fresh Guacamole, Carrot Sticks and Corn Chips)	\$3.50

## Friday Specials

Tomato and Cheese Pizza	\$1.00
Chicken Burger	\$3.50
Crumbed chicken breast, lettuce & mayo	
Deluxe Chicken Burger	\$5.00
Crumbed chicken breast, full salad and avocado	

## Icy Treats

Frozen Pineapple Ring	\$0.20
Frozen Grapes (Term 1 & Term 4)	\$1.00
Quelch Stick	\$0.40
Sugarfree-zies	\$0.60
Frozen yoghurt tube	\$0.60
Streets Paddle Pop (rainbow or chocolate)	\$1.50
Streets Icy Twist	\$1.50

## Snacks

Natural Yoghurt and Berry Cup	\$1.50
Apple Slinky	\$1.00
Sultana Snack Pack	\$0.50
Popcorn	\$1.00
Vanilla Yoghurt	\$1.00
Cheese and Rice Crackers	\$1.50
Cheese and Jatz	\$1.50
Muffins - freshly baked (fruit and choc chip)	\$1.20
Choc Chip Cookie – freshly baked	\$1.20
Chips 28g (seasalt, honey soy, salt/vinegar)	\$1.00
Cheese stick	\$0.80

## Drinks

Bottled Water	\$1.00
Sparkling Mineral Water	\$1.20
Small fruit juice	\$1.50
Apple, apple blackcurrant, orange	
Juice Bomb	\$1.50
Apple/blackcurrant, van/lime, apple/raspberry	
Up & Go	\$2.00
Chocolate or Vanilla	
Small Oak Milk 300ml	\$2.50
Chocolate or strawberry	
Large Oak Milk 600 ml	\$3.50
Chocolate, strawberry or vanilla/malt	
Icebreak Coffee Milk 500ml	\$3.50
Highschool students only	